



## Spring Meet

# Sunday 23 September 2018

Bendigo East Swimming Pool, (50m Outdoor, Gas Heated Pool)  
Lansell St, Bendigo East, Ph: 5443 7078

**Commencing 10.00am** Pool entry and warm up from 9.00am

| Male         | Female | Age      | Stroke           | Distance |  | Male | Female | Age      | Stroke           | Distance |
|--------------|--------|----------|------------------|----------|--|------|--------|----------|------------------|----------|
| 1            | 2      | Open     | Choice of stroke | 200m     |  | 23   | 24     | Open     | Choice of stroke | 200m     |
| 3            | 4      | Beginner | Fly              | 25m      |  | 25   | 26     | Beginner | Breast           | 25m      |
| 5            | 6      | 11/U     | Fly              | 50m      |  | 27   | 28     | 11/U     | Breast           | 50m      |
| 7            | 8      | Open     | Fly              | 100m     |  | 29   | 30     | Open     | Breast           | 100m     |
| 9            | 10     | 12/over  | Fly              | 50m      |  | 31   | 32     | 12/Over  | Breast           | 50m      |
| 11           | 12     | 16&O     | Fly              | 50m      |  | 33   | 34     | 16&O     | Breast           | 50m      |
| 13           | 14     | Beginner | Back             | 25m      |  | 35   | 36     | Beginner | Free             | 25m      |
| 15           | 16     | 11/U     | Back             | 50m      |  | 37   | 38     | 11/U     | Free             | 50m      |
| 17           | 18     | Open     | Back             | 100m     |  | 39   | 40     | Open     | Free             | 100m     |
| 19           | 20     | 12/Over  | Back             | 50m      |  | 41   | 42     | 12/Over  | Free             | 50m      |
| 21           | 22     | 16&O     | Back             | 50m      |  | 43   | 44     | 16&O     | Free             | 50m      |
| 30 min Break |        |          |                  |          |  |      |        |          |                  |          |

## Information and Conditions

- Meet conducted under the rules of Swimming Australia and in accordance with the Safe Sport Guidelines.
- **SV 11/Under Swim Suit Rule Applies.**
- Proposed Qualifying Meet.
- Swimmers age as at the 23<sup>rd</sup> September 2018.
- Entries \$8.00 per event, Online Entry.
- Ribbons awarded to 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> place in all events.
- **No Entry Fee and Programs available at [www.bendigoeast.swimming.org.au](http://www.bendigoeast.swimming.org.au)** no later than two days prior to competition. **Copy of the Program will be posted on the wall near our Club Rooms.**
- Competitors must be registered with SV or equivalent interstate body.
- One start rule applies except in 25m events, all events to be swum as timed finals.
- Swimmers may only compete in their own age group and Open events.
- Swimmers entering *Beginners*, must not have swum 50m in that stroke before and cannot swim in 50m, 100m, Open or Relay event in same stroke and will not be eligible for Ribbons if they have.
- Club entries by TM file accepted. Email with payment details and club summary form to [racingdirector@bendigoeastswimmingclub.com](mailto:racingdirector@bendigoeastswimmingclub.com)
- **Entries close Sunday 16<sup>th</sup> September 2018. No late, phone or fax entries accepted.**
- The BESC Inc. reserves the right to alter, cancel, or combine events if insufficient entries are received.
- Each participating club will be required to provide timekeepers, a roster will be in the meet program.
- BBQ and coffee available as well as snacks through the Kiosk. BYO Chair.

All enquires to [racingdirector@bendigoeastswimmingclub.com](mailto:racingdirector@bendigoeastswimmingclub.com)