

2019 BENDIGO HAWKS WINTER SERIES

A PROPOSED QUALIFYING SHORT COURSE MEET
 CONDUCTED UNDER THE RULES OF SWIMMING AUSTRALIA

Gurri Wanyarra Wellbeing Centre, Browning St, Bendigo

Two 25m Indoor Pools – Depth: 2.0m; 1.35m

UPDATE:

100 IM added to
 Round 2 &
 Round 3

Round 1							
Date:	June 16 2019			Entries Close: 11:00pm June 11 2019			
	25m*	50m	100m	200m**	200 IM**	400m**	4 x 50m
Time Trial (Free or IM)					1		
Time Trial (Choice)				2			
Freestyle	3	4	5				
Butterfly	6	7	8				
Medley Relay							9
Breaststroke	10	11	12				
Backstroke	13	14	15	16	17		
Freestyle Relay							18
Round 2							
Date:	July 14 2019			Entries Close: 11:00pm July 9 2019			
	25m*	50m	100m	200m**	100 IM	400m**	4 x 50m
Time Trial (Free or IM)						19	
Time Trial (Choice)				20			
Freestyle	21	22	23				
Butterfly	24	25	26				
Medley Relay							27
Breaststroke	28	29	30				
Backstroke	31	32	33	34	35		
Freestyle Relay							36
Round 3							
Date:	August 4 2019			Entries Close: 11:00pm July 30 2019			
	25m*	50m	100m	200m**	100 IM	400m**	4 x 50m
Time Trial (Free or IM)						37	
Time Trial (Choice)				38			
Backstroke	39	40	41				
Freestyle	42	43	44				
Medley Relay							45
Butterfly	46	47	48				
Breaststroke	49	50	51	52	53		
Freestyle Relay							54

Age Groups: Beginner, 8/under, 9 – 10, 11 – 12, 13 – 14, 15/over. Age as at **Round 1** of competition.
Conditions: In each Round of the Series competitors may swim in only **one event from each row** of the corresponding tables above. For example, in Round 1 a swimmer may swim in Event 1; Event 2; Event 3 **or** 4 **or** 5; Event 6 **or** 7 **or** 8; Event 9; Event 10 **or** 11 **or** 12; Event 13 **or** 14 **or** 15 **or** 16 **or** 17; Event 18. Points will be awarded to the first 8 place-getters for each Age Group and gender in each event, accumulating throughout the Series. Time Trial events will not earn points: stroke must be nominated at time of Entry. Relay events are Open Mixed, max. 2 boys per team. **The SV 11/u swimsuit rule will be applied.** Swimmers must be registered with Swimming Victoria.

No entry fee for spectators; Meet Program will be published on www.cvs.org.au.

25m events are open to **Beginners** of any age. A Beginner is one who has never competed in the stroke over a distance greater than 25m. 25m events will not earn points.

200m/400m events are open to swimmers 11/over only. 400m events must be completed in under 7:00.00.

Trophies: At each round, ribbons will be awarded to the first 3 place-getters for each Age Group and gender in each event, excluding Time Trial events. Following the last event of Round 3 trophies will be awarded to the top 3 Male and Female aggregate point-earners in each Age Group. Swimmers must compete at a minimum of two Rounds to be eligible for an individual trophy. The **Mark Poustie PB Challenge Trophy** and a \$100.00 scholarship will awarded to the 12/u swimmer who achieves the most Personal Best times in 50m and/or 100m events. The **Stables-Evelly Trophy** will be awarded to the Club with the highest point score.

Start time: **9:00am. (Warm-up at 8:00am).** Time-keepers will be rostered.

Entries: Via the Swim Central online entry portal (preferred), TM Entry file or SV Entry Form emailed to hawksswimmeet@gmail.com. For emailed TM entries, an Entry Summary with payment must be received by the closing date. The TM Event file is available at www.cvs.org.au and the SV website.

Entry Fee: \$10.00 per individual event; \$15.00 per relay team. Credit Card facilities are available when using the Online Entry portal only. Refunds will only be given if the entry is rejected.

Contact: Meet Director, Bendigo Hawks Aquatic Inc., PO Box 71, Eaglehawk, Vic, 3556. Ph: 0419-517-464