

2019 Cookees Pools & Spa's Mildura Open

Saturday 7th December 2019

Mildura Waves Aquatic & Leisure Centre

Session 1:

Cnr Deakin Ave & 12th St

Session 2:

Gates Open @ 7.45am

Warm Up @ 8am – 8.45am

Competition @ 9am

Competition @ 2.30pm

Proposed Qualifying Meet - 50m Outdoor Pool

Semi-Automatic Timing

Age as at 7th Dec 2019

Entries close 1st Dec 2019 @ 5pm

Online Meet Entries Preferred

Multiclass Swimmers; Please state classification.

Entry fee is \$7 per individual event & \$12 per relay team.

Relay entries can be made on the day -

Cheque made out to Mildura Swimming Club Inc.

Medals will be awarded to 1st, 2nd & 3rd Place getters.

Dash for Cash: Top 8 Swimmers will be seeded according to time they swam in EV 3, regardless of age. Prize money will be awarded to the Top 3 Swimmers with the fastest time for both Male & Female. 50m Freestyle will be held in Session 1, Dash for Cash event in Session 2

ENTRY:

Entry is via 12th St gate – next to Mildura Swimming Clubrooms

Contact:

Josh Barila

joshbarila@outlook.com or

0401 956 621

PROGRAM:

Program will be able for purchase at gate for \$5

Session 1

Saturday 7th Dec 2019 @ 9am

Contact:

Josh Barila

joshbarila@outlook.com or

0401 956 621

Event:	Distance	Stroke:
1	200m	Freestyle
1a	200m	<i>Freestyle - Multiclass</i>
2	100m	Breaststroke
2a	100m	<i>Breaststroke - Multiclass</i>
3	50m	Freestyle
3a	50m	<i>Freestyle - Multiclass</i>
4	200m	Butterfly
4a	200m	<i>Butterfly - Multiclass</i>
5	100m	Backstroke
5a	100m	<i>Backstroke - Multiclass</i>
6	200m	Individual Medley
6a	200m	<i>Individual Medley - Multiclass</i>
7	50m	Butterfly
7a	50m	<i>Butterfly - Multiclass</i>
8	4x50m	Mixed Medley Relay
9	400m	Freestyle
9a	400m	<i>Freestyle - Multiclass</i>



Session 2

Saturday 7th Dec 2019 @ 2.30pm

EVENT'S:

Meet is running as an open/mixed format,

Results will be put back into age groups

All multiclass events are combined with able bodied

Age Groups:

50m Events:

9/U, 10/11, 12/13, 14/15, 16/17, 18&O

100m Events:

12/U, 13/14, 15/16, 17&O

200m Events:

13/U, 14/O

400m & Relay Events:

OPEN

Event:	Distance	Stroke:
3*	50m	*Freestyle - Dash for Cash
11	200m	Backstroke
11a	200m	<i>Backstroke - Multiclass</i>
12	50m	Breaststroke
12a	50m	<i>Breaststroke - Multiclass</i>
13	100m	Freestyle
13a	100m	<i>Freestyle - Multiclass</i>
14	200m	Breaststroke
14a	200m	<i>Breaststroke - Multiclass</i>
15	100m	Butterfly
15a	100m	<i>Butterfly - Multiclass</i>
16	50m	Backstroke
16a	50m	<i>Backstroke - Multiclass</i>
17	4x50m	Mixed Freestyle Relay

