

2023 VICTORIAN COUNTRY LC CHAMPIONSHIPS

21 – 23 JANUARY 2023

QUALIFYING TIMES



Qualifying Requirements

Qualifying times must have been achieved between 21 January 2021 and 16 January 2023.

Converted short course qualifying times will **only** be used where an existing long course qualifying time has not been achieved.

Each country club can enter a maximum of 2 relay teams per event and each competitor is limited to a maximum of 4 relay event swims whether age group or open.

Swimmers are only eligible to compete in relays for the club they are a primary member of as at the closing date for entries.

Mixed Open Relays must be made up of 2 Females and 2 Males (swum in any order)

RELAYS

Event	Open			17 & Over		16 & Under		14 & Under		12 & Under	
	Male	Female	Mixed	Male	Female	Male	Female	Male	Female	Male	Female
4 x 50m Freestyle			1:57.00	2:08.00	2:13.00	2:12.00	2:14.00	2:18.00	2:15.00	2:32.00	2:30.00
4 x 50m Medley			2:09.00	2:32.00	2:34.00	2:34.00	2:36.00	2:35.00	2:36.50	2:54.00	2:50.00
4 x 100m Freestyle	4:06.00	4:40.00									
4 x 100m Medley	4:40.00	5:12.00									

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MALE								
Distance	Course	Open	18 & Over	16-17 Years	14-15 Years	13 Years	12 Years	11 Years & Under
FREESTYLE								
50m	LC		29.50					38.40
	SC		28.91					37.14
100m	LC	59.50		1:03.40	1:05.20	1:10.90	1:16.70	
	SC	58.31		1:02.13	1:03.90	1:09.48	1:15.17	
200m	LC	2:11.90						
	SC	2:09.26						
400m	LC	4:40.10						
	SC	4:34.50						
BACKSTROKE								
50m	LC		37.60					45.30
	SC		36.85					42.43
100m	LC	1:09.20		1:15.10	1:18.30	1:27.20	1:31.20	
	SC	1:07.82		1:13.60	1:16.73	1:25.46	1:29.38	
200m	LC	2:30.30						
	SC	2:27.29						
BREASTSTROKE								
50m	LC		41.60					51.90
	SC		40.77					50.37
100m	LC	1:18.00		1:24.40	1:28.80	1:36.90	1:43.70	
	SC	1:16.44		1:22.71	1:27.02	1:34.96	1:41.63	
200m	LC	2:49.70						
	SC	2:46.31						
BUTTERFLY								
50m	LC		34.60					45.90
	SC		33.91					43.02
100m	LC	1:07.00		1:13.00	1:17.00	1:28.10	1:36.40	
	SC	1:05.66		1:11.54	1:15.46	1:26.34	1:34.47	
200m	LC	2:28.70						
	SC	2:25.73						
INDIVIDUAL MEDLEY								
200m	LC		2:36.90	2:38.60	2:46.20	2:59.10	2:59.10	3:13.10
	SC		2:33.76	2:35.43	2:42.88	2:55.52	2:55.52	3:09.24
400m	LC	5:19.80						
	SC	5:13.40						

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FEMALE								
Distance	Course	Open	18 & Over	16-17 Years	14-15 Years	13 Years	12 Years	11 Years & Under
FREESTYLE								
50m	LC		33.00					38.11
	SC		32.34					37.35
100m	LC	1:05.30		1:09.50	1:10.50	1:13.00	1:16.10	
	SC	1:03.99		1:08.11	1:09.09	1:11.54	1:14.58	
200m	LC	2:22.90						
	SC	2:20.04						
400m	LC	5:00.00						
	SC	4:54.00						
BACKSTROKE								
50m	LC		39.90					45.10
	SC		39.10					42.24
100m	LC	1:15.50		1:21.80	1:22.60	1:25.20	1:29.10	
	SC	1:13.99		1:20.16	1:20.95	1:23.50	1:27.32	
200m	LC	2:41.20						
	SC	2:37.98						
BREASTSTROKE								
50m	LC		45.50					51.10
	SC		44.59					47.14
100m	LC	1:26.50		1:33.60	1:34.70	1:37.10	1:42.30	
	SC	1:24.77		1:31.73	1:32.81	1:35.16	1:40.25	
200m	LC	3:05.10						
	SC	3:01.40						
BUTTERFLY								
50m	LC		36.30					45.00
	SC		35.57					42.14
100m	LC	1:15.20		1:21.30	1:22.80	1:31.70	1:38.80	
	SC	1:13.70		1:19.67	1:21.14	1:29.87	1:36.82	
200m	LC	2:45.30						
	SC	2:41.99						
INDIVIDUAL MEDLEY								
200m	LC		2:50.80	2:51.50	2:52.40	2:57.00	2:57.00	3:14.10
	SC		2:47.38	2:48.07	2:48.95	2:53.46	2:53.46	3:10.22
400m	LC	5:42.60						
	SC	5:35.75						